

## 2024 Virtual Rehab Symposium

# Recognizing Disabilities, Emphasizing Possibilities



Friday, October 4  
8:00 A.M. – 3:15 P.M.

Virtual platform supported by Zoom

This virtual symposium is FREE for all participants

Presented by Valley Health Rehabilitation — In partnership with the Winchester Medical Center Foundation

\*Agenda order subject to change

## AGENDA

8-8:15 A.M.

### Introduction

Jessica Watson, MBA, MSN, RN, Director of Rehab Services

Kyla Sine, PT, DPT

8:15-9 A.M.

### Improving Balance and Reducing Falls: What Really Works?

Dr. Kurt Jackson, PhD, PT

9-9:30 A.M.

### Common Stressors for Rehab Professionals and Ways to use RenewU

Megan Bureau, PT, DPT, EdD

9:30-10:15 A.M.

### SLP Role in Management of Swallowing Disorders Related to Radiation for Head and Neck Cancer

Kailyn Asbury, M.S., CCC-SLP

10:15-10:30 A.M. .... Break

10:30-11:15 A.M.

### Understanding the Impact of ACEs (Adverse Childhood Experiences) and Trauma on Rehab Outcomes

Alicia Lutman OTD, MS, OTR/L, ATC/L

Danielle Barr, OTD, OTR/L

11:15 A.M. – Noon

### What on Earth is a Rehab Psychologist and a Neuropsychologist: A Brief Explanation with Q & A

Dr. Nicholas Boston, PsyD

Noon-12:30 P.M. .... Lunch

12:30-1 P.M.

### Utilization of Rehabilitative Ultrasound Imaging (RUSI) and Surface Electromyography (sEMG) Biofeedback in Pelvic Floor Therapy

Juliet Holt, PT, DPT

Jodie Barnett, PT, MSPT

Beth Minicucci, PT, DPT, PRPC

Shelley Annalora, PT, DPT, Cert DN

Sarah Shobert, MS, OTR/L

Kate Divine, PT, DPT, WCS, CLT

1 – 1:30 P.M.

### Robotics- Knee and Protocols

Dr. Mesfin Shibeshi, DO

1:30-2:15 P.M.

### Spirituality and Whole Person Care:

#### Importance of Addressing the Mind, Body, & Spirit

Dr. Marc Johnson, PharmD, BCPS

2:15-3 P.M.

### Impact of Leadership Styles on Team Culture and Performance

Ann Wadsworth, ODCP, CPTD

3 – 3:15 P.M. .... Wrap Up & Survey Evaluation

## ABOUT THE PRESENTERS

### **Dr. Kurt Jackson, PT, DPT, PhD**

**BS:** Loma Linda University

**DPT:** Loma Linda University

**PhD** - Union Institute and University

**Certifications:** Neurology Coordinator For the University of Dayton DPT program

### **Dr. Megan Bureau, PT, DPT, EdD**

**BS:** James Madison University

**DPT:** Shenandoah University

**Certifications:** Sports Certified Specialist, Associate Professor and Director of Clinical Education for Physical Therapy at Shenandoah University.

### **Kailyn Asbury, MS, CCC-SLP**

**BS:** Towson University (Speech Language Pathology and Audiology, minor in Music Performance)

**MS:** Towson University

### **Alicia Lutman, OTD, MS, OTR/L, ATC/L**

**BS:** Concordia College

**MS:** Shenandoah University

**OTD:** University of St. Augustine

**Certifications:** athletic trainer

### **Danielle Barr, OTD, OTR/L**

**BS:** James Madison University

**MS:** Shenandoah University

**OTD:** Shenandoah University

### **Dr. Nicholas Boston, PsyD**

**BS:** University of Massachusetts

**PsyD:** Nova Southeastern University

**Fellowship:** U.S. Department of Veterans Affairs VAHCS-Salem

### **Beth Minicucci, PT, DPT, PRPC**

**BS:** University of Connecticut

**MS:** Temple University

**DPT:** Temple University

**Certifications:** Pelvic rehabilitation Practitioner Certificate

### **Juliet Holt, PT, DPT**

**BS:** Shenandoah University

**DPT:** Shenandoah University

### **Kate Divine, PT, DPT, WCS, CLT**

**BS:** Shenandoah University

**DPT:** Shenandoah University

**Certifications:** women's health clinical specialist, certified lymphedema specialist

### **Shelley Annalora, DPT, DPT, Cert. DN**

**BS:** University of Buffalo

**DPT:** University of Buffalo

**Certifications:** Trigger point Dry Needling, LSVT BIG, certified kinesiotape practitioner

### **Sarah Shobert, MS, OTR/L**

**BS:** James Madison University

**MS:** Medical University of South Carolina

**Certifications:** PCES (Pregnancy and Postpartum Corrective Exercise Specialist)

### **Jodie Barnett, PT, MSPT**

**BS:** Virginia Tech

**MS:** University of Kentucky

**MPT/DPT:** Shenandoah University

**Certifications:** MDT (McKenzie)

### **Dr. Mesfin Shibeshi, DO**

**BS:** Langston University

**DO:** Ohio University College of Medicine

**Fellowship:** Hedley Orthopedic Institute

**Residency:** St. Joseph Health Center, Ohio University College of Medicine

**Certifications:** American Osteopathic Board of Orthopedic Surgery, robotics

### **Dr. Marc Johnson, PharmD, BCPS**

**BS:** Virginia Commonwealth University

**PharmD:** Virginia Commonwealth University School of Pharmacy

**Residency:** VCU Health System

**Certifications:** Pharmacotherapy Specialty Certification, Professor of Pharmacy and Director of Postgraduate Education at Bernard J. Dunn School of Pharmacy at Shenandoah University

### **Ann Wadsworth, ODCP, CPTD**

**BS:** University of Scranton

Manager of Learning and Development,

Organizational Department Team

**Certifications:** Certified professional in talent and development

## REGISTRATION

Visit [valleyhealthlink.com/rehabsymposium](http://valleyhealthlink.com/rehabsymposium) to register.

You will receive a confirmation email once your registration is complete providing the virtual meeting details for the conference.

This virtual symposium is FREE for all participants.

## PROFESSIONAL CREDIT

### **Physicians, Nurse Practitioners and Physician Assistants:**

The Winchester Medical Center is accredited by the Southern States CME Collaborative (SSCC) to provide continuing medical education for physicians. The Winchester Medical Center designates this live educational activity for a maximum of 6.25 AMA PRA Category 1 Credit(s)™. Physicians, Nurse Practitioners, and Physician Assistants should only claim credit commensurate with the extent of their participation in the activity.

Physicians, Nurse Practitioners and Physician Assistants with questions about professional credits should contact Stephanie Nelson, Winchester Medical Center Continuing Medical Education Coordinator, at 540-536-8871.

**Nurses:** Valley Health Professional Development is approved as a provider of nursing continuing professional development (CNPD) by the Virginia Nurses Association (VNA), an accredited approver by the American Nurses Credentialing Center's Commission (ANCC) on Accreditation. This activity has been awarded 6.25 contact hours.