

# Valley Health Chronic Disease Symposium

**Friday, March 7, 2025**  
8 A.M. – 3:30 P.M.  
**Winchester Medical Center  
Conference Center**



## **DIABETES: Back to the Basics and Beyond ADA Standards, Medication Update & Addressing Distress**

### **PRESENTER:**

**Beverly Thomassian, RN, MPH,  
CDCES, BC-ADM**  
*President and Founder,  
Diabetes Education Services*

8:00 A.M.	<b>Welcome, Overview of the Day</b>
8:05–9:50 A.M.	<b>ADA Standards of Care Dissected</b>
9:50–10:10 A.M.	<b>Break</b>
10:10–11:45 A.M.	<b>Impact of Standards on Clinical Practice</b>
11:45 A.M.–1:00 P.M.	<b>Lunch</b>
1:00–2:00 P.M.	<b>Medications to address hyperglycemia and renal disease</b>
2:00–2:15 P.M.	<b>Break</b>
2:15–3:30 P.M.	<b>Effectively addressing Diabetes Distress and Using the ReVive 5 Approach to Untangle CGM Data</b>
3:30 P.M.	<b>Program Closing and Final Comments</b>

**Fully funded by  
Valley Health Foundations**

*\*Agenda subject to change*

 **ValleyHealth**  
*Healthier, together.*

# Professional Credits Awarded by Valley Health

## Physicians, Nurse Practitioners and Physician Assistants

The Winchester Medical Center is accredited by the Southern States CME Collaborative (SSCC) to provide continuing medical education for physicians. The Winchester Medical Center designates this live educational activity for a maximum of (5.5) AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians, Nurse Practitioners, and Physician Assistants should only claim credit commensurate with the extent of their participation in the activity.

Physicians, Nurse Practitioners and Physician Assistants who are currently participating in the WMC CME Program, please contact Stephanie Edwards at 540-536-4742.

## Nurses

Valley Health Professional Development is approved as a provider of continuing nursing professional development (CNPD) by the Virginia Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program has been awarded 5.5 contact hours.

A link will be sent to those who attend the conference to complete the evaluation at the end of the conference; once the evaluation is completed, they will receive their CE certificate.

## Dietitians

5.5 CPEUs for Registered Dietitians are pending.

**Email: [edu1@valleyhealthlink.com](mailto:edu1@valleyhealthlink.com) for questions.**

---

## Registration

Go to [valleyhealthlink.com/CDS2025](http://valleyhealthlink.com/CDS2025) to register. You will receive a confirmation email once your registration is complete.

## Fees:

- FREE for Valley Health employees
- \$75 non-Valley Health employees
- \$25 full-time healthcare students

## Location:

Winchester Medical Center Conference Center  
1888 Amherst Street, Winchester, VA  
(adjacent to the Clyde A. Smith Heart & Vascular Center)

## Featured Presenter



### **Beverly Thomassian, RN, MPH, CDCES, BC-ADM**

As president of Diabetes Education Services, Beverly Thomassian, RN, MPH, CDCES, BC-ADM, believes that we can improve diabetes care through education, advocacy, and curiosity.

As a diabetes coach and author, she inspires excellence in care through her writing, educational courses, and engaging webinar presentations. With over

25 years of experience as a Diabetes Nurse Specialist, Beverly has established herself as an innovator, leader, and mentor in the field.