



2023 Community Benefit Report

At Valley Health, we are driven to create a healthier tomorrow for the residents of the Northern Shenandoah Valley of Virginia, the Eastern Panhandle of West Virginia, and western Maryland.

Valley Health is a not-for-profit healthcare system. Each year, our organization makes significant financial contributions to the community. In 2022, Valley Health's community contribution was more than \$209 million in the form of Community Benefit programs, unreimbursed costs for care provided to Medicare and Medicaid recipients, uncollected fees for healthcare services provided, and more. In addition to supporting healthcare for those who cannot afford it, we reinvest excess revenue back into the community to improve the health of those we serve.

 **ValleyHealth**

Healthier, together.

Community Benefit by the Numbers

Community Support Provided by Valley Health

In 2022, the most recent IRS reporting year, Valley Health's community contribution was more than \$209 million in the form of Community Benefit programs, unreimbursed costs for care provided to Medicare and Medicaid recipients, uncollected fees for provided healthcare services, and more.

Valley Health's community contributions in 2022 included Community Benefit programs totaling \$111 million:



\$83 MILLION for health programs for individuals and families with low income and resources, along with government-sponsored health programs where eligibility for benefits or coverage is determined by income or assets. We assume the costs of care and treatment for those who are unable to pay for care.



\$15.7 MILLION for training healthcare professionals. Every year, hundreds of students in college-level nursing, pharmacy, physical/occupational therapy and other programs enhance their educational experience through preceptorship programs with Valley Health's expert healthcare professionals.



\$12.5 MILLION for community health improvement services, subsidized health services, and cash and in-kind contributions.



Mission Critical Partners

Valley Health supports a number of community-based health and educational organizations through in-kind donations and financial support. These mission critical partners include:

- AIDS Response Effort
- ChildSafe Center-CAC
- Family Promise of Shenandoah County
- Good Samaritan Free Clinic
- Healthy Families NSV & Warren
- Healthy Families Shenandoah County
- Lord Fairfax EMS
- Laurel Ridge Community College Page County
- Northern Shenandoah Valley Substance Abuse Coalition
- Our Health Inc.
- Page Free Clinic
- Saint Luke Community Clinic
- Shenandoah Community Health Clinic
- Sinclair Clinic
- Wheels for Wellness
- Winchester Public Schools Technical Education Center

Community Health Impact Grant Recipients

Each year, Valley Health provides eight one-year grants totaling \$200,000 to area nonprofit organizations to address crucial health needs. In 2023, these were:

- Morgan County Partnership
- Winchester Area Temporary Transitional Shelter
- Page Alliance for Community Action
- ChildSafe Center-CAC
- Concern Hotline
- Literacy Volunteers
- Wheels for Wellness
- Winchester Rescue Mission

Grant Helps to HEAL

In 2023, Literacy Volunteers Winchester Area was one of eight organizations to receive funding through Valley Health Community Impact Grant program.

The nonprofit organization aims to strengthen the community through literacy, education and advocacy.

Receiving \$10,000 in grant money, the nonprofit is implementing a program in the coming year called Health Education And Literacy, or HEAL, to address low health literacy in the area.

The HEAL program was developed by the community-based literacy organization, Literacy for Life, in Williamsburg, Virginia. HEAL is an award-winning health program that uses a two-fold approach. In the first approach, classes are offered to adults in the community to educate them on all aspects of health care, from understanding prescriptions to what questions to ask their doctor. Classes are available for individuals with low literacy and those who are proficient at the English language but just want to become more comfortable in the healthcare setting.

The second approach of HEAL is health literacy for the medical professional. It focuses on informing those in the medical field of ways they can improve equity in health care for individuals with low literacy, from speaking slower and using examples, to being culturally sensitive and making sure patients understand directions.

“We are excited to get this underway and start trialing the program in early 2024,” says Executive Director Andy Gail. “The grant money will be used to license the program and get a number of people trained in providing the curriculum, along with purchasing materials needed for the classes, like books and supplies. Thanks to the Valley Health grant, we are excited to get this going in the community.”



Valley Health Grant Funds Behavioral Health Services in Morgan County

Each year, Valley Health provides eight one-year grants totaling \$200,000 to area nonprofit organizations to address critical health needs.

In 2023, Morgan County Partnership (MCP) in Morgan County, West Virginia, received the top grant award of \$100,000. MCP is a coalition of local citizens who have a vision of creating a safe, healthy and drug-free community. MCP includes area nonprofits, government agencies, volunteer organizations, Morgan County Public Schools, churches, businesses, parents, and youth.

MCP is using the grant money in “Project HEAL Our Youth: Addressing Invisible Wounds in Education.” The grant, in combination with state funding, is currently providing four full-time school-based social workers to address mental and behavioral health, along with substance use, in Morgan County Public Schools.

“When you’re a nonprofit, every dollar counts,” says MCP Executive Director Kristen Gingery. “As a nonprofit in a rural community, it’s nice to have a healthcare provider who identifies the needs of rural communities and realizes that community health begins at every level of the community.”

The need for youth substance use and behavioral health services in Morgan County was confirmed by Valley Health’s 2022 Community Needs Assessment. **“Behavioral health is one of the most significant factors impacting overall health in our community,”** says Valley Health Community Health Director Jason Craig. **“Community partnerships are an excellent way to address this and other important health needs.”**

“We are wholeheartedly grateful for Valley Health’s support,” says Gingery. “It’s been very impactful and wonderful.”



Our Corporate Responsibility Commitment

Healthier Tomorrows

Valley Health's more than 6,000 employees work together to help and heal those in our care. However, improving health involves so much more than what takes place at the bedside. Valley Health's commitment to improving the health of our community also means:

- Offering financial assistance to those with no or limited ability to pay for care.
- Providing healthcare services that are not fully reimbursed by state and federal government.
- Assessing our community's specific health needs and developing strategies to address them.
- Partnering with other organizations to make our community a healthier and more vibrant place to live.

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