

Valley Health Surgery Center Frequently Asked Questions

How do I schedule a surgery at Valley Health Surgery Center?

- Your surgeon will schedule your surgery with us.

How do I contact one of your surgeons?

- Please see the list of contact information under the “Contact Us” tab on our webpage.

What happens after I am scheduled for surgery?

- You may need to have bloodwork, testing, or a visit with your primary care doctor or a specialist prior to surgery. Your surgeon’s office will tell you if you need any of these preoperative clearance items.
- Prior to your surgery, one of our staff will call you to complete a preadmission call. Please be prepared to spend about 20 minutes on the phone with us. We ask that you have a list of current medications, allergies, and health problems ready as we will request all of this information during our call.
- During this interview, we will ask many questions regarding your past and current health history.
- It will be helpful to have pen and paper ready! We will provide preoperative teaching during this call, including medication instructions, and eating and drinking instructions, as well as providing the address for our center.

How do I know when to arrive for surgery?

- One of our staff will call you the day before surgery, between 2pm and 4pm. Surgery schedules are sometimes not finalized until the day before surgery. You are welcome to call the center after 2pm to inquire about your arrival time (540) 536-5900. We will review medication, eating and drinking instructions with you during this call.

How many people can come with me for surgery?

- Patients are allowed two visitors.

Can my child have surgery at Valley Health Surgery Center?

- Absolutely! We consider it a privilege to provide excellent care to our smallest patients.

How can I prepare my child for surgery?

- Surgery can be frightening for children, use general terms, focusing on the positives. Answer questions honestly, at an age appropriate level. A great resource is the Teddy's tour video...it allows children to see a surgical setting and gives them an idea of what to expect prior to the day of surgery.
- If your child has a special stuffed animal, blanket, or other comfort item, we welcome you bringing that the day of surgery.
- [Click here to watch a helpful surgery preparation video.](#)

Can I accompany my child until they are under anesthesia?

- We allow you to stay by the side of your child as long as possible. However, we cannot permit visitors to our operating rooms. Rest assured that our staff will do everything they can to assist your child through their surgical journey. As soon as your child is awake in the recovery room staff will allow you to come back to the bedside.

General Billing Information

You will receive three bills for your surgery. One from your surgeon, one from the anesthesiologist, and one from Valley Health Surgery Center. If your procedure requires any imaging, lab work, pathology, implants, or other ancillary services, you may receive a bill for these items as well.

Estimates

We provide a good faith estimate to all of our patients.