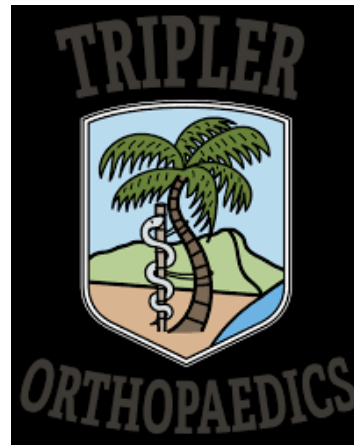


Distal Radius Fracture

Treatment Options and Rationale



- I have no financial disclosures.





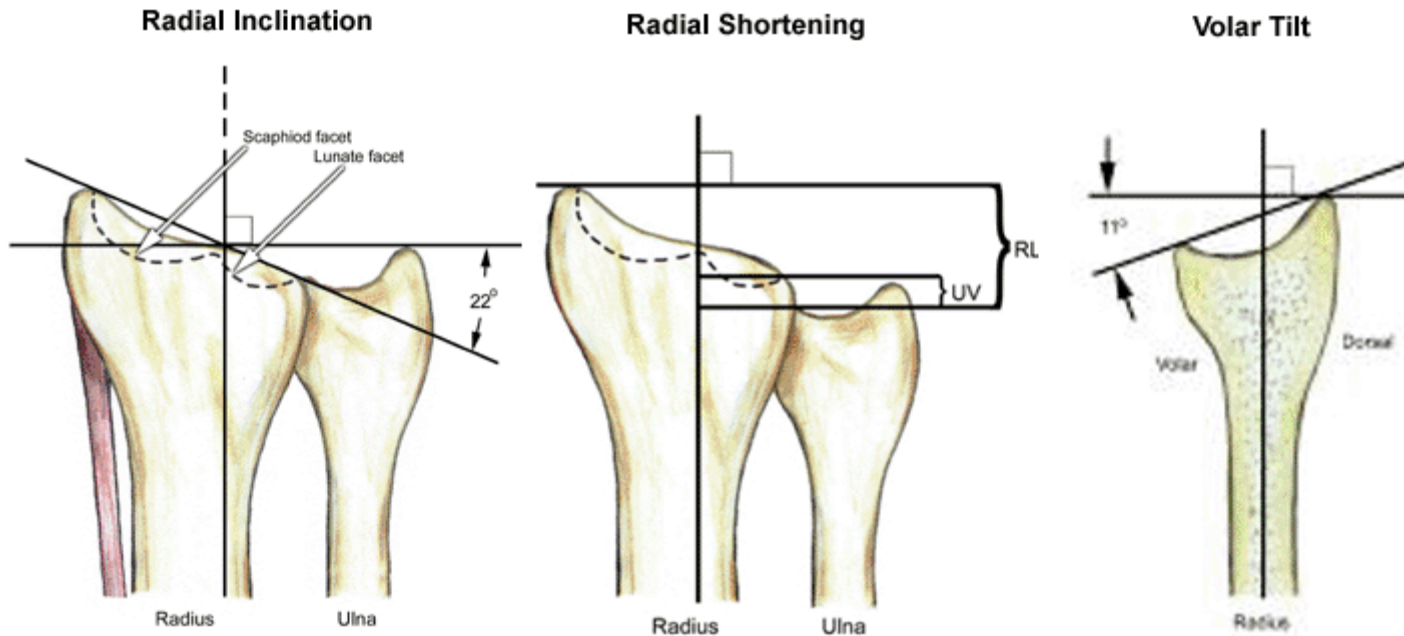
Epidemiology

- Common
- Will become more common
- Common in every age group

Treatment Goals

- Return the patient to the highest level of function
- Minimize the impact of treatment and recovery

Anatomy



Treatment Options

- Splint
- Cast
- Surgery

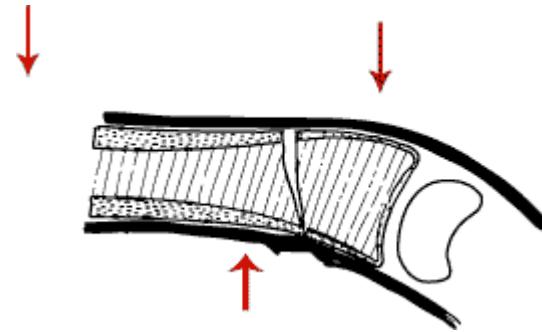
Splint

Stable fracture

Particular patients



Cast



Surgery

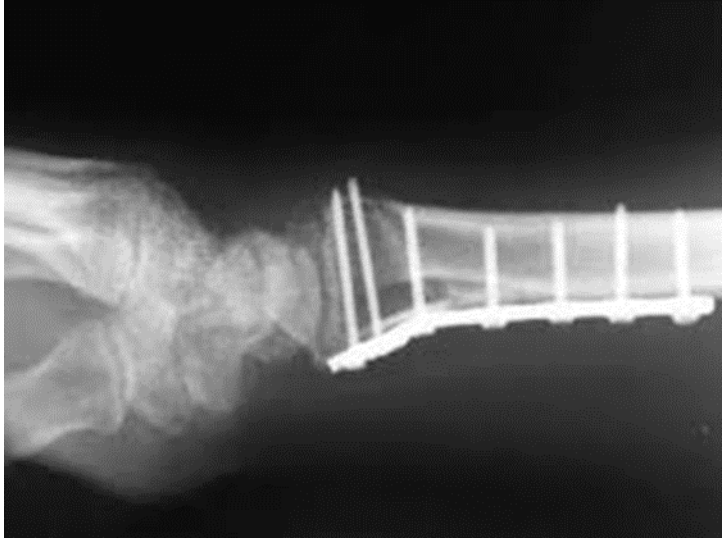
- Closed reduction and pinning



Surgery

Fixed angle volar plating
with locking screws





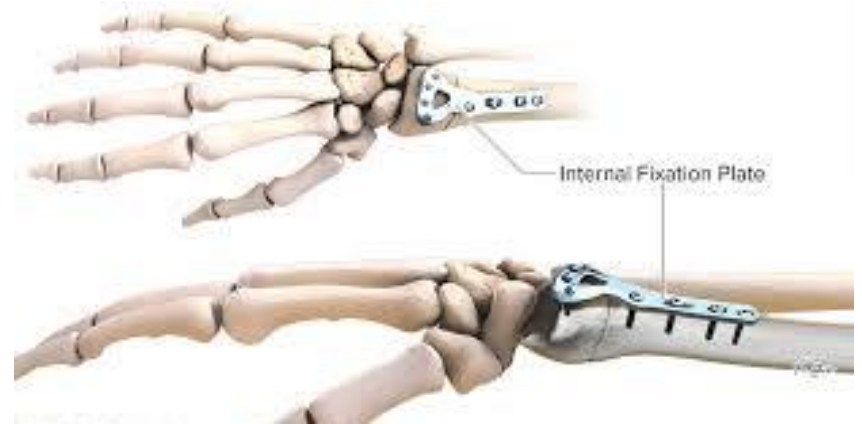
Surgery

- ORIF- fragment specific plating



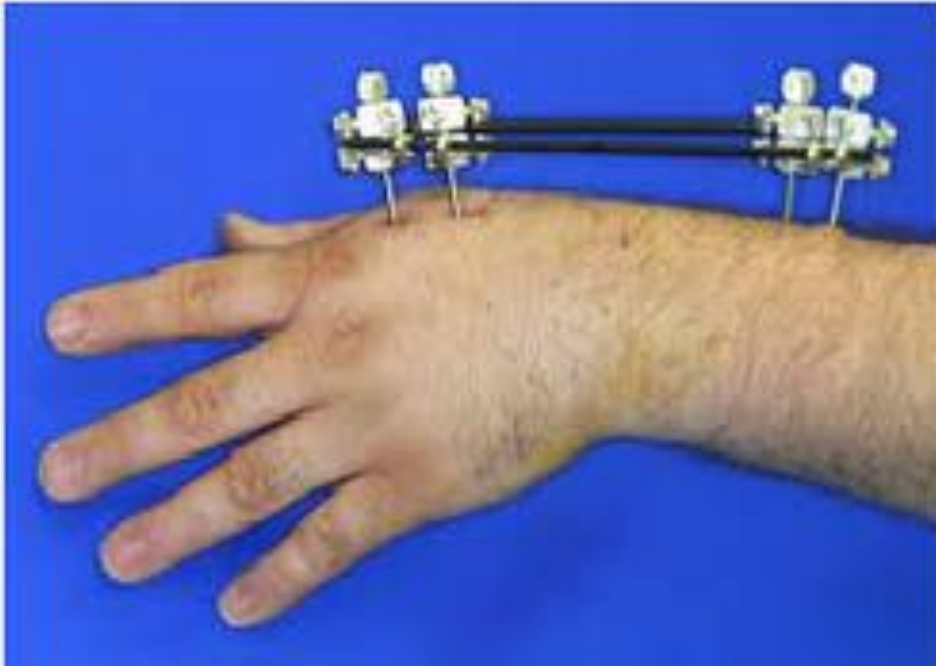
Surgery

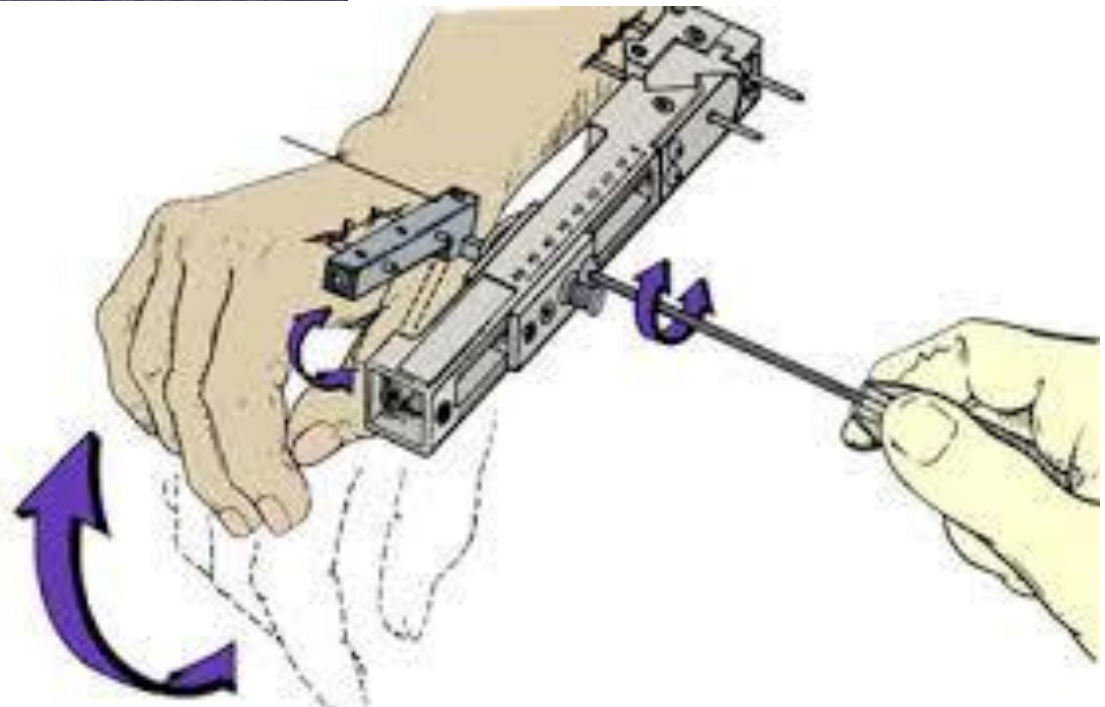
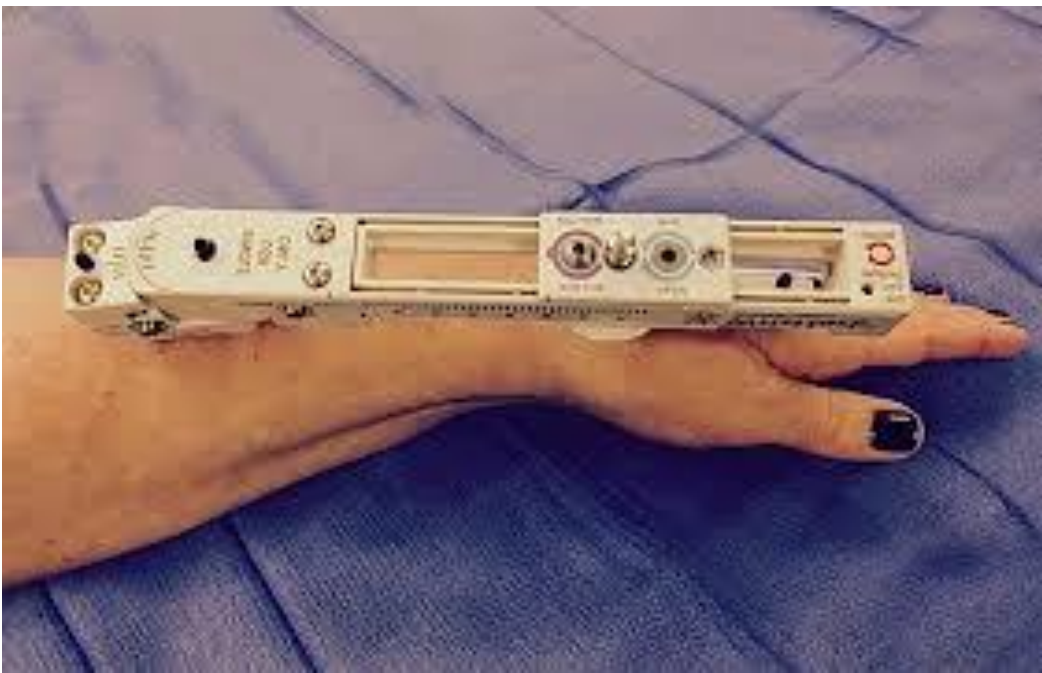
- Dorsal Plating



Surgery

- External Fixation





Surgery

- Temporary Bridge Plating



Complications

TNTC

CRPS

Malunion

Tendon Problems

Nerve Problems

Stiffness

Infection

Costs

- Questions and Discussion