

# Right Care, Right Time, Right Place



## Call Your PCP \$

**For all your healthcare needs, call your Primary Care Provider (PCP) First.** They will determine if being seen in their office, a walk in clinic, Urgent Care or an Emergency Department is best for your concern.

**New and Chronic Problems:** Fever, sore throat, bronchitis, wheezing, asthma, COPD, urinary tract or bladder infections, back pain, joint & muscle pain or injuries, colds, earaches, mild-moderate abdominal pain, care for chronic conditions, work related injuries, prescription refills, medication related questions

**Preventative Care:** Child well visits, annual physicals/screenings, labs, vaccines, sports physicals

**Call 833-VHS-DOCS to schedule an appointment.**



## Urgent Care or Walk-in Clinic \$\$

Valley Health offers walk-in care for those in need of urgent but non-emergent medical attention. If you need to see a provider right away but your medical needs do not necessitate an emergency room visit, you can visit one our Urgent Care or walk-in clinics.

### Treatment of Urgent Problems:

- Onsite Lab and X-ray Services
- Multiple Convenient Locations
- Walk-ins welcome or you can reserve your spot by visiting [vhurgentcare.com](http://vhurgentcare.com) or [valleyhealthlink.com/vhonlinecheckin](http://valleyhealthlink.com/vhonlinecheckin)

**You do not need an appointment.**



## Emergency Department \$\$\$

Use for severe conditions that may be life threatening.

### Treatment of Life Threatening Emergencies:

- Chest Pain
- Protruding or Broken Bones
- Serious Allergic Reaction
- Major Heart Palpitations
- Abdominal Pain
- Head Trauma
- Loss of Consciousness
- Uncontrolled Bleeding
- Sudden Weakness/Trouble Speaking
- Sudden Change in Vision
- Sudden Onset Shortness of Breath

**You do not need an appointment.**

For a full listing of clinics, urgent and quick care locations, walk-in and extended hours clinics, lab and outpatient imaging locations, visit [valleyhealthlink.com](http://valleyhealthlink.com) or ask your healthcare provider for more information.

 **ValleyHealth**  
Healthier, together.